

Julie Jukich is a Certified Holistic Life Coach. In 1993 after the birth of her eldest son, Julie received a life-threatening diagnosis. When faced with losing her life Julie was forced to develop a profound and abiding strength within. A gift that inspired her to want to share not only her journey, but the knowledge gained through the process. Julie successfully took the path less travelled and chose a more natural and holistic approach to healing. "In our hectic lives, we often neglect the time to access the power to commit and be responsible for our health and well-being..."

With Julie's personal experiences and decades of studies in health, nutrition and ontological coaching, Julie supports implementing lifestyle changes necessary to support and empower healthy living, while guiding clients, providing easy tools for living a healthier happier abundant stress-free life.

Being an advocate for health, Julie facilitates workshops and works with individuals, community organizations, groups and businesses as well for the American Cancer Society of Boca Raton, FL.