

Dr Eric WestmanMD, MHS

Dr. Eric C. Westman is an associate professor of medicine at Duke University Health System and director of the Duke Lifestyle Medicine Clinic. He combines clinical research and clinical care to deliver lifestyle treatments for obesity, diabetes and tobacco dependence. He is an internationally-known researcher specializing in low-carbohydrate nutrition.

Dr. Westman is currently the vice president of the American Society of Bariatric Physicians and a fellow of the Obesity Society and the Society of General Internal Medicine.



Dr. Westman has co-authored the following books.

